

SILBERSCHNUR  VERLAG

FOREIGN RIGHTS CATALOGUE

TITLES FROM **SILBERSCHNUR** – AVAILABLE FOR TRANSLATION

2020 – 2022


Years
SILBERSCHNUR
VERLAG

Dear Friends & Colleagues,

I am very pleased to present our new rights list, including parts of our backlist as well. I am convinced that you will find several interesting titles for your program in Silberschnur's Foreign Rights Catalogue 2022.

Once again, our publishing house offers you a wide variety of subjects, yet they are all about the individual development and the various possibilities to gain more awareness and an increasing consciousness.

This Foreign Rights Catalogue presents our available titles in our publications fields:

- ART OF LIVING
- BODY, MIND & SPIRIT
- SPIRITUALITY & ESOTERICISM
- HEALTH & HEALING
- PERSONAL DEVELOPMENT

Please take your time to browse through this new Foreign Rights Catalogue.

If you need more detailed information, please feel free to contact me or visit www.silberschnur.de.

Of course, I would be delighted to send you reading copies. If you wish to get your examination copy sooner, I shall be happy to send you reading copies as a PDF.

Please send me your suggestion for an appointment as soon as possible.

Kind regards and stay healthy!



Peter Schmidt
Editorial Consultancy &
Foreign Rights Management
Verlag »Die Silberschnur« GmbH
email: rights@silberschnur.de

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WORLD RIGHTS AVAILABLE

376 pages, colored throughout,
paperback

By the same author:



136 pages, paperback

WORLD RIGHTS AVAILABLE

PERSONAL DEVELOPMENT

New Releases 2022

Kurt Tepperwein
365 impulses for love

For a fulfilled life full of love.

Discover your daily positive impulse to guide you through a successful year of love and make each day more loveable and livable. A book full of wonderful inspirations to create more fulfilled and conscious (love) relationships.

For lovers and the lovestruck and anyone aspiring to be it.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



WORLD RIGHTS AVAILABLE

384 pages, paperback

By the same author:



288 pages, paperback

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PERSONAL DEVELOPMENT

New Releases 2022

Franz Huber

About searching and finding the wonderful

Herbert and the trees

What is it that drives us and makes us get up every morning and look for new challenges? Is it a yearning? If so, a yearning for what?

Herbert and the author have tried to answer questions like this for a long time. Herbert feels a special connection to trees – they give him strength, but they also transmit experience and wisdom. Wandering through the pages, we accompany both of them in their experiences. This will open our eyes to the small but precious things in our lives.

The yearning for something extraordinary finds fulfillment when we experience the wonderful.



FRANZ HUBER

Franz Huber has worked successfully for more than 40 years with his enterprise »Karthographie Huber« (cartography Huber) in the field of cartography and GEO-data.

One of his bestsellers is the large european automobile atlas as well as the world's largest touristic map and bike tour series. He got several awards as the bavarian export price of the ministry of economies or the appointment to the european senate of trade. Despite this he had the time for a schamanic training with Eduardo Calderón in Peru and for his engagement for peace movements.



PERSONAL DEVELOPMENT

New Releases 2022

Peter Dorn
Brother Tree

WORLD RIGHTS AVAILABLE

54 pages, all illustrations colored,
handwritten, hardcover

At all times and in all cultures, trees have been a symbol and an analogy for the secret of life. Yggdrasil, the Germanic world tree that connected Asgard, the home of the gods, to the human world; the legendary oak groves where our ancestors' priests and priestesses worshipped their gods; or Avalon, simply meaning 'the apple orchard', where, according to the legend, King Arthur is sleeping and waiting – the tree always acted as a symbolic bridge between the visible and the invisible world.

And today that the wind of change is transforming the entire world and guiding us humans into a new era while the awakening consciousness asks for a holistic understanding and the mystery of life, it really isn't that surprising to see that this ancient symbol of humanity is gaining new importance.





Peter Kummer
G E S P R Ä C H E
mit meinem

Schutzengel

WORLD RIGHTS AVAILABLE

224 pages, paperback

**SPIRITUALITY &
ESOTERICISM**

New Releases 2022

Peter Kummer

Conversations with my guardian angel

What do angels look like and how do they help us in our daily lives? What does the subtle world look like? Why are there so many conflicts in this world? How can we learn to use our intuition?

In profound conversations with his guardian angel, Peter Kummer finds out about the meaning of life and what is behind our existence. We are offered a lot of practical tips to meet all kinds of challenges in life.

This book shows us how to trustfully turn to our guardian angel and how he will clarify everything for us.

‘This book gave me a new perspective about things between heaven and earth and about what’s really important in life. Highly recommended!’ – Reader



PETER KUMMER

Peter Kummer was a book author, seminar leader and organizer. He became well known in the German-speaking world not only through radio and television, but especially for his two bestsellers "Nothing is impossible" and "I want, I can, I will", which have been translated until now into ten languages worldwide .



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192 pages, colored throughout,
flexocover

By the same author:



160 pages, paperback

WORLD RIGHTS AVAILABLE

Horst Oberle
The big book of singing bowls

The power of the singing bowls

History · manufacture · selection · sound massage · meditation

A book that takes you on a journey through Nepal. In addition to introducing singing bowl varieties and exercises, the book provides an overview of their history, manufacture and care, and creates the basis for an individual and intuitive use of Singing Bowls.

Ancient healers once asked sick people, "When did you stop singing and vibrating?"

Illness and discomfort were equated with a life lacking harmony. Singing bowls bring our body water back into harmonious vibrations, their sound releases tension, activates self-healing powers and lets us relax deeply.

Influenced by various trainings, Horst Oberle's intention is: away from rigid concepts, towards a personal and dynamic application. He inspires to experiment, feel, sense and rediscover – focusing on human being.

Make your life vibrate and your soul swing!



HORST OBERLE

Horst Oberle's fascination with singing bowls began more than 20 years ago. During this time, the former bank business economist and logotherapist developed himself into an entrepreneur and singing bowl expert. With the foundation of *Klangschalen-Center GmbH*, he became one of the largest direct importers of singing bowls from Nepal.

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160 pages, 2-color, paperback

By the same author:



160 pages, full colour illustrations, paperback

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PERSONAL DEVELOPMENT

New Releases 2022

Anja Reimuth, FrauAndrea

The club of the movers and shakers

Push past your limits to live a gorgeous life

Welcome to the club: for all those wanting to accomplish more in life. Anja and Andrea often tripped and even fell in life. In their charming though profound way, they show you how to meet your own challenges.

The authors take us on a journey into the most beautiful thing the universe has to offer: our gorgeous life.

‘I am thrilled to see their zest for life as they accompany and support others on their journeys.’ – Anke Rositzke



ANJA REIMUTH

As a book author, TV and radio presenter and lecturer, Anja Reimuth has become well known in the German-speaking world. Her motto is: Every adversity of fate hides the seed of a greater advantage. She has already overcome lots of limitations in her life. Let yourself be carried away by her very personal stories.



FRAUANDREA

Andrea is a comedienne with heart and soul. Elegant, unique and energetic, she captivates her audience with funny stories from everyday life. FrauAndrea, as she is called by her stage name, takes herself for a ride without getting any fracture. From all her stage knowledge, she has developed her mentoring program.



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176 pages, full color, hardcover

By the same author:



208 pages, 2-coloured, paperback

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ART OF LIVING

New Releases 2022

Anjana Gill

77 life hacks to make your wishes come true

Tips & tricks helping you to deal with the universe

Discover professional tricks to make your wishes come true! Hello you wish fulfillers!

Is there anything you absolutely have to bear in mind if you want to make your wishes come true? Yes, there is.

No matter what you are wishing for – there are 77 tips and tricks you should really know to quickly fulfil your wishes.

In this book, Anjana Gill will show you all of them and point out the traps and obstacles you should absolutely avoid that may have prevented the fulfilment of your wishes.

Just pick up this book and ask what you should take heed of – and now, open a page. Now nothing will be able to stop your wish from coming true – not even your old beliefs.

3 months from today, your whole world will look very different.

Let's start fulfilling your wishes.

It's you and the universe – and anything is possible.

... For all those knowing what they want.



ANJANA GILL

Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe.

Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.



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160 pages, 2-color, paperback

By the same author:



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ART OF LIVING

New Releases 2022

Anjana Gill

The perfect wish wording

The devil is in the details

The more perfect your wish formulation, the faster you draw the fulfillment into your life.

If some orders to the universe have not yet been fulfilled, then this may also be due to the formulation - because beware, the devil is in the details.

For example, never tell the universe what you don't want, such as "I don't want to see a zebra". You'll soon understand why ...

10 rules for your perfect wish formulation - now you can make your wish come true.



ANJANA GILL

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Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.

Kurt Tepperwein

Dein Weg zur
Lebensfreude

SILBERSCHNUR VERLAG

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152 pages, 2-color, paperback,
with rounded corners*By the same author:*

176 pages, paperback

RIGHTS SOLD: COLOMBIA

PERSONAL DEVELOPMENT

New Releases 2022

Kurt Tepperwein

Be happy – Your way to joy in life

Being able to do something is not enough, you also have to want to do it!

Are you facing so many problems that there seems to be no light at the end of the tunnel? Are you nevertheless willing to invest work, energy and time into solving your problems? Are you open to new unusual lines of thought?

In this book, success coach Kurt Tepperwein shows us how to confront our problems by unfolding our imagination to bring about fundamental change.

Many practical exercises aiming at developing this power provide us with a perfect system to successfully and ultimately eliminate our problems.

This book teaches the 16 success principles and the 5 elements you need to live a healthy mental, psychological and physical life.

Nothing will be like it was before ... Problems will take care of themselves and amazingly enough, your life will take a different direction.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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144 pages, 2-color, paperback

ART OF LIVING

New Releases 2022

Melani B

Word inspirations to find new perspectives

Daily impulses to get into action

Re-experience yourself!

Allow yourself to be touched by the colorful multitude of word inspirations.

By entering your own remarks, you will offer yourself the wonderful opportunity to gain new inspiration, perspectives and ideas and a clear awareness of your own sensations, perceptions and actions.

An exciting journey to yourself has just begun. Because now always is the best time.

New perspectives are always worthwhile!



MELANI B

A life-experienced woman who wants to share her journey of self-realization. Who inspires the readers to find themselves and invites them to discover their own personal essential treasure.

SPIRITUALITY &
ESOTERICISM / AFTER LIFE



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WORLD RIGHTS AVAILABLE

128 pages, 2-color, paperback

Jen & Hendrik Lind
Comfort heroes are here to help –
Mourners tell their stories

Still there – still near

Understand the signs of the deceased.

There is this special song that seems to be playing everywhere. A stranger telling us unusually familiar things. Strange encounters in our dreams. butterflies in winter. Are these all coincidences? Or are they ‘greetings from above’?

When inexplicable things happen after a loved one has died, making us think them, such questions will come to mind. But most people don’t talk about this because they don’t want to be sneered or labeled as a weirdo.

But according to grief counselors Jen and Hendrik Lind, otherworldly incidents like this aren’t unusual. They collected wonderful and astounding stories from the bereaved proving that there really are more things between heaven and earth than we might think of ...

The authors offer tips and exercises to calm down the mind and train our awareness to enable us to discover the signs coincidence offers us and find solace in them.



JEN & HENDRIK LIND

Jen Lind, a trained dying-nurse, and Hendrik Lind, a business graduate, are the founders of Trosthelden, the online matching platform for grieving people. Since 2013 and as part of their professional work, they had close contact to thousands of grieving people. Because of their first joint company mapapu, for which they received several awards, they were allowed to make their own experiences with the signs of the deceased - and have experienced this as a gift that they would like to share with us.



WORLD RIGHTS AVAILABLE

160 pages, colored throughout, with many pictures, paperback

ART OF LIVING

New Releases 2022

Claudia Lazzari

True beauty gets under your skin

The 4 phases of natural holistic skincare

‘Beautiful, clear, and radiant skin is a normal condition.’

Natural beauty with the 4-steps system.

It is time to realize that our human body is a holistic, intelligent and magical system.

Cosmetics is so much more than applying lots of substances to our skin or covering up our natural odor with synthetic perfumes. Correct used cosmetics clean up the whole body. By reducing stress, supplying with vital substances and supporting the intestine, the liver and all bodily processes, we will relieve our skin. In fact, our skin is the last chain link of the excretory and detoxification system.

Support your body and your skin will benefit. Support your skin’s natural functions and your body will benefit.

Just so simple!

‘This is about all and it gets under your skin. Don’t linger at the surface. Be brave and realize what this is really about. It’s all about you!’



CLAUDIA LAZZARI

Claudia Lazzari, born in 1972, is married and mother of two grown-up children. While her training as a druggist and the following years, she acquired a broad knowledge of various cosmetic brands and their ingredients.

20 years of experience as a fitness trainer, her training as a yoga teacher as well as a natural cosmetician, help her to approach life issues holistically.

The author lives in Gündisau, Switzerland.



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64 pages, colored throughout, with pictures, hardcover

By the same author:



160 pages, hardcover

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BRASIL · ITALY · CZECH
REPUBLIC · FRANCE

**SPIRITUALITY &
ESOTERICISM**

New Releases 2022

Elisabeth Kübler-Ross

Longing for home

Where do we come from, where are we going?

Discover where we come from and where we are going ...

Like no other, bestselling author Elisabeth Kübler-Ross, awarded with 25 honorary doctorates from medical universities, gives us hope about what awaits us after death.

She cared for hundreds of dying persons and listened to what they saw shortly before they died. She herself also once had the opportunity to take a look behind the 'veil'.

With this book, she reveals the biggest secret between earthly and cosmic existence, making our sorrow, grief and fear disappear.

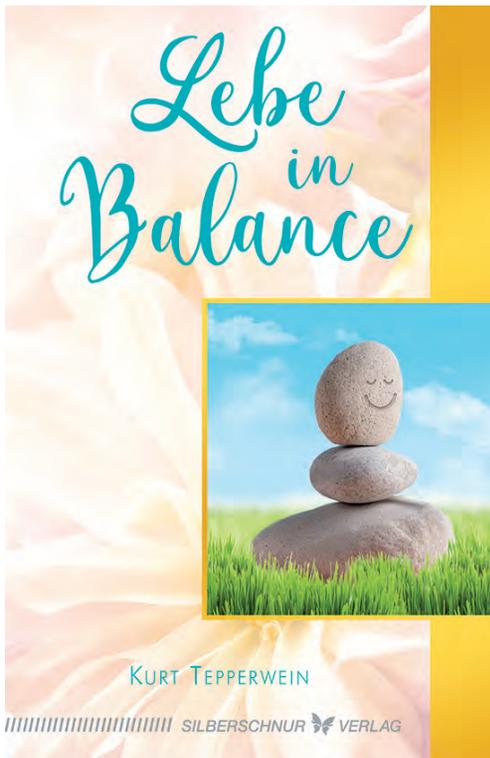
'Once you've been there and return, you can never be the same again.'

Elisabeth Kübler-Ross



ELISABETH KÜBLER-ROSS

Elisabeth Kübler-Ross was born in Switzerland in 1926. After emigrating to the United States, she initially worked in several psychiatric clinics in New York, Denver and Chicago. Temporarily she also taught at several universities. During the last years of her life, she dedicated most of her work and commitment to dying children and Aids sufferers. With her research, Elisabeth Kübler-Ross, who died in August 2004, gave hope that – contrary to 'scientific' consensus – death opens up a new, brighter life we all can look forward to. Her books, printed by the millions, are known nearly all over the world.



ART OF LIVING

New Releases 2022

Kurt Tepperwein **Living a balanced life**

WORLD RIGHTS AVAILABLE

128 pages, paperback

By the same author:



160 pages,
colored throughout,
paperback

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Accept the invitation of bestselling author and success coach Kurt Tepperwein to a balanced life by integrating the important principles into your life.

Take the plunge into an experiment by getting closer to your heart and seize the opportunity to enrich your life in every respect.

A timeless real-life handbook for all those wanting to find their very own personal balance.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

HEALING & ENERGIES



WORLD RIGHTS AVAILABLE

256 pages, paperback, carbon neutral production

By the same author:



240 pages, colored throughout, paperback

WORLD RIGHTS AVAILABLE

Dietmar Schenk **Our climate in a state of transition** Energetic correlations of climate change

Climate change from a holistic perspective.

Our climate crisis is mainly blamed on deforestation of the rainforests and an increase of CO2 emissions. But isn't this a little bit too simplistic and did we really consider everything?

It seems that this question may only be answered from a holistic perspective.

In this book, the author illustrates the energetic correlations of climate change. Prepare to be amazed at how the functionalities of forests and deserts, mountains, oceans and poles influence and complement each other.

Get ready for a journey that will offer you insights you probably never experienced before. Discover the important cooperation existing between all energies and understand what is happening right now and what to expect if we don't change our thinking.

How to hit the reset button for the planet and for ourselves.

'... We are used to thinking that the world outside exists even without our experiences. But it doesn't, rest assured about that.'



DIETMAR SCHENK

Dietmar Schenk was born 1955 in Elz/WW. After a career as engineer for film and TV, he works now as a freelancer for quantum technology and he develops effective meditations and training videos for various topics. He also is a healer for remote treatment.



WORLD RIGHTS AVAILABLE

288 pages, paperback

ART OF LIVING

New Releases 2021

Franz Huber

Hens of the heart

Living a fulfilled life with chickens

A life full of insights – not only for chicken owners

Oh my God! I thought when my mother bequeathed her chickens to me.’ If it really has to be like that, I’ll just feed them until I’ll get out of this with decency.’ Well, it turned out differently.

I made friends with Bruno the rooster, with Martha, Hoffnung, Silberpfeil and the others – and they made friends with me. Our friendship hasn’t always been easy. Perhaps the reason for this is not only my ignorance but also the fact that chickens have their quirks and the same applies to me.

I’m often overwhelmed by strange thoughts and feelings when we are sitting on the old bench in the garden and dusk quietly sets in. During the final moments of the day, Bruno tries to yearningly crow back the sun. But you will find out more about this in the book.

I’m asking myself: Is this real? Where exactly are the boundaries? Doesn’t it also depend on what I want to call real and how diverse I want my life to be?

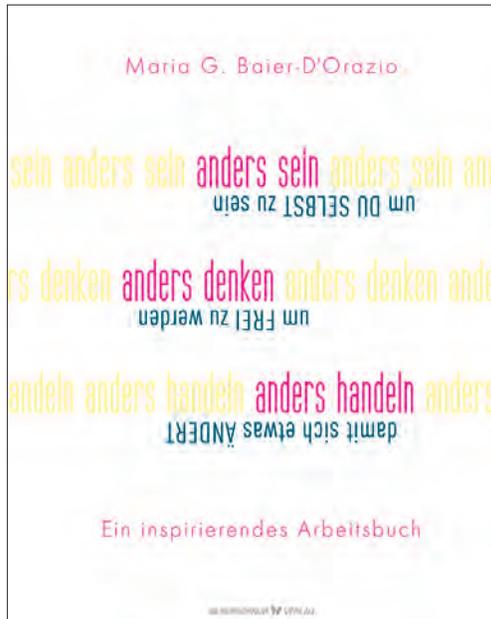
A book full of colors, sounds and scents.



FRANZ HUBER

Franz Huber has worked successfully for more than 40 years with his enterprise »Karthographie Huber« (cartography Huber) in the field of cartography and GEO-data.

One of his bestsellers ist the large european automobile atlas as well as the world’s largest touristic map and bike tour series. He got several awards as the bavarian export price off he ministry of economics or the appointment to the european senate of trade. Despite this he had the time for a schamanic training with Eduardo Calderón in Peru and for his engagement for peace movements.



WORLD RIGHTS AVAILABLE

256 pages, full coloured,
with illustrations and pictures,
hardcover

By the same author:



240 pages, paperback

RIGHTS SOLD: KOREA

PERSONAL DEVELOPMENT

New Releases 2021

Maria G. Baier-D'Orazio

Be different, think different, act different

For you to be yourself, to be free,
so that things can change.

An inspiring workbook

Find the way back to yourself through the power of images.

A completely new way of introspection

We are all 'different', but only a few of us allow themselves to live it - to live themselves. We assimilate, following what others believe to be right, falling in line because we are afraid of being the odd one out. Allow yourself to be different in order to be free - to be yourself.

In the first part of the book, pictures will guide you into the world of imagination and reflection about various areas of life. Your way of thinking will be playfully put to the test, you will sense who you really are, and you will discover that creative perspectives open up new paths.

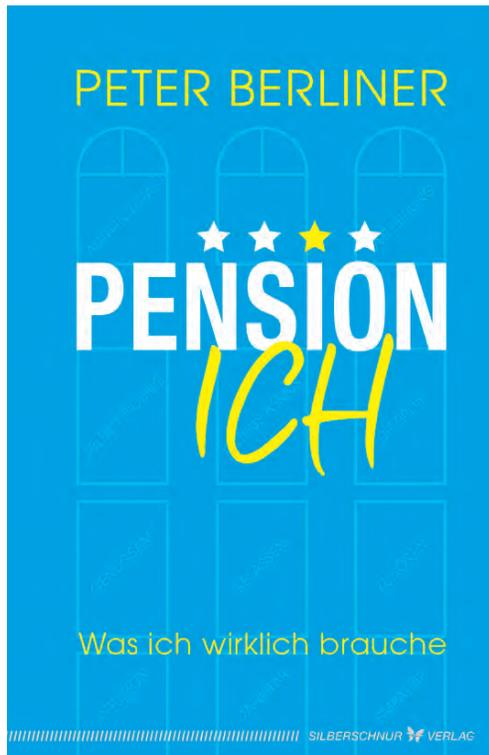
In the second part, you will be asked to do something. Drawings allow you to really work on perspectives or problems you care about. You can change or redesign those drawings right away in the book. In this way, you will find solutions to problems meaning that things in your life will change.

Take the plunge into an adventure. An expedition to yourself!



MARIA G. BAIER-D'ORAZIO

Maria G. Baier D'Orazio is an international advisor, creativity trainer, author of many books and TEDx-speaker. She understands to be different as a turn to the very own identity to make wishes, longings and talents come true and to become more creative, freer and happier. She wants to encourage to face something new and to questioning our reality and to take a look beyond it - it doesn't matter if it is our society, our job or our everyday life, the way as we look to others or how we judge situations or even ourselves.



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192 pages, 2-coloured, paperback

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272 pages, 2-coloured,
paperback

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PERSONAL DEVELOPMENT

New Releases 2021

Peter Berliner

Hotel Me

What I really need

Courage, serenity, forgiveness, intuition, and more are essential companions on our exciting life journey.

They are crucial for our actions and our wellbeing, and as such they are responsible for our individual profile.

Imagine that these companions are like rooms in a hotel, a hotel named Me. That's right, you are this hotel. It has eleven unique rooms symbolizing your behaviors and principles. In these rooms, you and your guests – the people you are dealing with every day – will discover connections, contradictions and opportunities. Every single day.

What effects does 'enthusiasm' have? Why does 'intuition' ignite creativity? And why does 'forgiveness' only work out paired with understanding? Are you convinced enough to book these rooms? Congratulations! You have opened up the door to a new life ...



PETER BERLINER

Peter Berliner is a communication and personal development expert. The graduate musician, actor, keynote speaker, author, and facilitator humorously shows his audience how to arouse interest, set boundaries, exude serenity and mitigate conflicts using an expressive voice and a compelling appearance.

Peter Berliner successfully accompanies people whose core competencies include holistic communication. With a wink, he highlights the vicissitudes of 'vocal togetherness', thereby revealing the most important means of communication and enhancing people's natural appearance.



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176 pages, paperback

By the same author:



136 pages, paperback

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PERSONAL DEVELOPMENT

New Releases 2021

Kurt Tepperwein
Everything is like you are!
Find your flow

For a meaningful, creative life
For all those wanting to newly encounter themselves and get to know themselves better in order to change something in life and perceive the world differently.
Kurt Tepperwein's new book will offer you the opportunity to question your own thoughts, beliefs and behavioral patters and also to change them. To do this, you don't have to read the book in a linear order; just pick your subject depending on what is important right now.
A workshop leading to yourself!



KURT TEPPERWEIN
Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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ART OF LIVING

New Releases 2021

Dietmar Schenk
The light account phenomenon
Your personal way to financial freedom

Innovative and successful ...
Many people apply spiritual practices in nearly every part of their lives - except for their bank account! But universal principles cannot only fill your heart and soul, but also your wallet.
Of course, there are numerous seminars and books already dedicated to this subject, but for the most part, they just rely on working with beliefs and behavioral patterns, positive thinking and affirmations.
But this is just a superficial approach. In order to experience real abundance, it takes more than that.
Author and coach Dietmar Schenk now discovered the long sought-after missing link and developed a revolutionary new method that is guaranteed to work: the light account, your personal way to financial freedom.
... Abundance and prosperity will finally be yours!
Including a free audio workshop



DIETMAR SCHENK
Dietmar Schenk was born 1955 in Elz/WW. After a career as engineer for film and TV, he works now as a freelancer for quantum technology and he develops effective meditations and training videos for various topics . He also is a healer for remote treatment.



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168 pages, paperback

By the same author:



208 pages, paperback

WORLD RIGHTS AVAILABLE

BODY, MIND & SPIRIT

New Releases 2021

Elisa S. Suter

Me and my dog – a magical partnership

I talk to my dog all the time and he actually listens to me, but ... does he also understand me? And how can I understand him when he talks to me?

The dog whisperer and animal communicator Elisa Sutter has developed a revolutionary and easy method with which YOU can lead a magical partnership with your dog within shortest time.

It sounds too good for being true? Numerous examples have demonstrated that this is possible. It works without any common educational methods that ignore the individual essence of dogs.

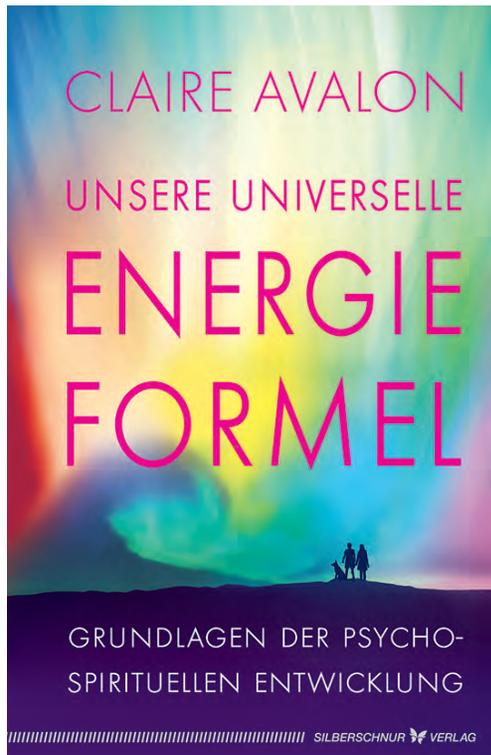
Recognize what a wonderful creature your dog actually is and how he always is by your side supporting you with best advice and action.



ELISA S. SUTER

After having worked as a primary school teacher, Elisa S. Suter, born and living in Switzerland, has been devoted to the animal world. In 2016, she founded her own consulting firm and immediately became an 'insider tip' thanks to her exceptional coaching success and a completely new method.

Today, the author regularly provides advice to all kinds of pet holders. She focuses primarily on diverse animal languages, the human-animal language, and the topic of leadership. She is also regularly involved in seminars, lectures, group consultations, and individual coaching in the field of 'human potential' with a focus on 'mind over matter'.



WORLD RIGHTS AVAILABLE

352 pages, hardcover

By the same author:



376 pages, with coloured part, hardcover

WORLD RIGHTS AVAILABLE

SPIRITUALITY & ESOTERICISM

New Releases 2021

Claire Avalon

Our universal energy formula

The basic principles of psycho-spiritual development

Who am I?

Although this is probably the most important question there is to ask, it isn't easily answered. But there is a new revolutionary form of introspection opening up completely new paths of self-reflection. Combined with the radiancy teaching describing the energetic characteristics each level has, the soul can finally be fully expressed so we can live a life corresponding to our own soul plan, which automatically leads us to deep contentment and harmony.

In her new book, Claire Avalon shows us how the energies of the seven rays accompany us and support us from conception to death. A true guide for every day enabling us to cope with future challenges big and small and teaching us how to live our soul's true core.



CLAIRE AVALON

For more than 20 years, the author has worked as a medium for the Masters of the Great White Brotherhood, especially for the Ascended Master El Morya. The science of cosmic rays, also known as esoteric psychology, is the foundation of her work which comprises coaching, courses and workshops.

PERSONAL DEVELOPMENT



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Ilona Friederici
Living a fulfilled life – this how to do it
 The wisdoms of the Hamanyalas

Hamanyalas make your life easier.

Where can we turn to when a situation seems hopeless? Whom can we talk to when we need some good advice? How can we solve a seemingly unsolvable problem?

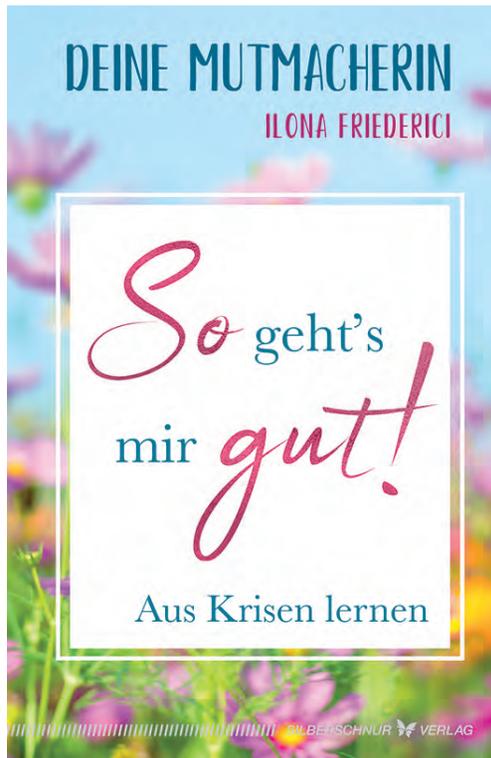
The answer to all these questions can be found in yourself. The Hamanyalas symbolize your own skills to solve problems. You can resort to them anytime and live an easy, content and happy life. This book shows you how to use your Hamanyala in order to solve every conflict or situation.

Your path to always do the right thing at the right moment.
‘After this, you will never be the same again and can’t go back to the one you were before.’



ILONA FRIEDERICI

Already in her teens, author Ilona Friederici, also known as ‘the encourager’, was an enthusiastic story writer. She worked in the field of tax advice and later as managing director in an international group and lives in Itzehoe in northern Germany. After having completed a training as an alternative healer in psychotherapy and palliative care provider as well as a special training as a psycho-oncological therapist, she now helps people bring more ease and happiness into their lives. She encourages people to discover their own potential and live the way that is right and important for them. The passionate dancer takes care of people suffering from cancer or finding themselves in a crisis. She holds lectures and special workshops about topics from her books, mostly combined with music, her great passion, especially with guitar playing and singing.



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PERSONAL DEVELOPMENT

New Releases 2021

Ilona Friederici
I'm feeling fine this way
Learning from crises

This will do you good because it's so easy!

A new era begins. Old things may go, new things may come.

This encouraging book shows you how big and valuable things can happen especially in the most difficult times and how easily crises can transform into a gift.

'I'm feeling fine this way' tells the story of a girl and a young woman. One lives in heaven, the other on earth. They experience our modern times in very different ways – or not really that different. Through the earthly and 'heavenly' perspective, you will learn how life really works ... spiritual laws, transformation and transition to the fifth dimension, the rules of the game of life on earth ...

It has never been easier to find a way out of every crisis if we only change our perspective.



ILONA FRIEDERICI

Already in her teens, author Ilona Friederici, also known as 'the encourager', was an enthusiastic story writer. She worked in the field of tax advice and later as managing director in an international group and lives in Itzehoe in northern Germany. After having completed a training as an alternative healer in psychotherapy and palliative care provider as well as a special training as a psycho-oncological therapist, she now helps people bring more ease and happiness into their lives. She encourages people to discover their own potential and live the way that is right and important for them. The passionate dancer takes care of people suffering from cancer or finding themselves in a crisis. She holds lectures and special workshops about topics from her books, mostly combined with music, her great passion, especially with guitar playing and singing.



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SPIRITUALITY & ESOTERICISM

New Releases 2021

Andrej Korobeishchikov

Metanoia 2 – Magical cosmos geometry

Find yourself in time and space

Start out on a mystical journey to the secrets of the Altai shamans and to a knowledge kept secret for centuries. Become aware of the dark sides of our reality and the mysterious beings lurking in the shadows around us ... Light against darkness. Ancient knowledge against an ancient power.

This book is a true revelation describing the world in a way only the shamans have been able to see ... those shamans who can look behind the 'ordinary' ... considerably deeper than normal people. Things that were reserved only to adepts is now also available to you as a reader. Plunge into the depths of a real mystery ...

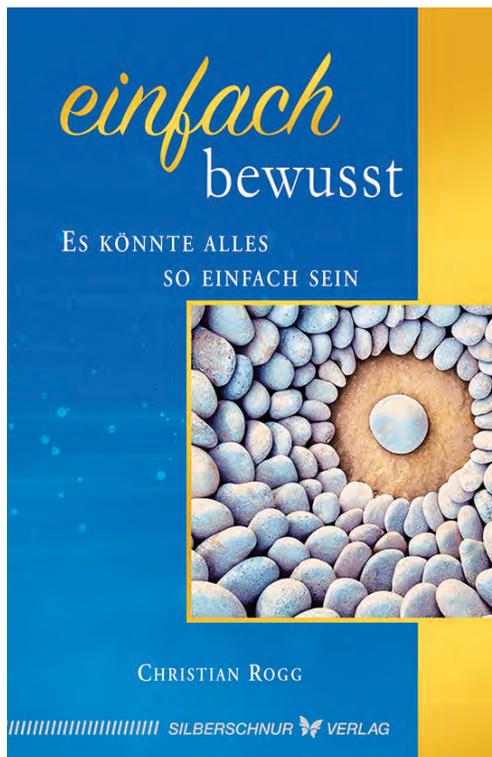
Our world is becoming narrower which is why we have to take the route inwards - the paths of conscience leading deep into our souls.



ANDREJ KOROBEJSHCHIKOV

Andrej Korobeishchikov is a specialist in bringing the hidden skills of humans to the surface. He dived deep into the tradition of Siberian hunting for 12 years learning the philosophy and the practical skills of the TAI-SHIN hunter warriors. Adapting his mystical experience to modern urban life and bringing it together with his professional knowledge as an information analyst, he explores the downsides of modern society.

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PERSONAL DEVELOPMENT

New Releases 2021

Christian Rogg

Simply aware

Everything could be so easy

Why are there so many problems between people and all over the world?

This book provides you with a simple tool helping you solve everyday conflicts in an easy way - no matter if the conflict is big or small!

You will learn a technique allowing you to act in a calm, neutral, fair, and loving way in every situation and enabling you to not only solve your everyday problems and conflicts but also prevent them in the future!

Your life will be easier und will quickly change for the better.

It couldn't be easier!

Including tips and inspiration to speed up and deepen the process!



CHRISTIAN ROGG

Christian Rogg sales gemstones in his shop »Trommelstein« (trumbling stone) in Memmingen since more than 15 years. He chooses them with his clearvoyance specially for his customers. He chose the right gem in more than 8.000 cases and so he was able to help many people with their problems and sufferings. He deals for a long time with the sence of life and the origins of illness and suffering and then he realized that: every problem and conflict can be solved easely.

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ART OF LIVING

New Releases 2021

Anjana Gill

Thank you for this wonderful solution

Solving each and every problem
with the help of the universe

Doesn't it sound familiar? There's always a problem in life that bothers us. Not finding the right apartment, looking for a better job, wanting to earn more money, having to get over a break-up, having troubles, meeting with a refusal, worrying about someone and so on and so forth ...

But there is a solution to this – an opportunity making our problems disappear all on their own: the power of imagination, the perfect universe formulation, the right words together with funny, fascinating little universe games all enable us to suddenly resolve nearly EVERY problem in our lives. And just like that, the problem is gone.

Using 50 typical examples, Anjana Gill shows you exactly how this works – and to use it for yourself and your own life.

Which problem do you want to solve?

There is nothing we cannot change.

Dear universe, we are resolving our problems. Thank you!

So let's get started ...



ANJANA GILL

Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe.

Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.

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ART OF LIVING

New Releases 2021

Bärbel Mohr

**Workbook for placing orders
with the universe**

Removing blockages to your wishes fast and easily

Placing orders with the universe simply means being aware of the fact that the inside is like the outside. Our outer world is a mirror of our inner world.

Successful orders with the universe depend on the inner mindset of the person ordering. Oftentimes unfavorable unconscious behavior patterns lead to automatic regular orderings bringing us the exact opposite of what we actually desire.

In this book, Bärbel Mohr offers us numerous playful exercises helping us recognize and overcome inner blockages and establish a stable 'permanent connection to the higher realms.'

Advanced universe orderers are offered a 'bonus track' for money orders and many other inspirations to wake up the universal intelligence within.

The book's running gag is 'Bärbel's connected-to-the-universe quickie' - an essential exercise that can be done everywhere within a few seconds.



BÄRBEL MOHR

Prior to starting her career as an author, Bärbel Mohr (1964 - 2010) worked as a freelance photographer, editor and graphic designer. Her books were translated into 20 languages and have sold about 2 million copies worldwide.



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168 pages, paperback

PERSONAL DEVELOPMENT

New Releases 2021

Ingrid Theresia Bleier

Let your 7 senses lead you to being a healthy human being

Learning to trust ourselves again

In this day and age, there are two urgent questions connected to each other: how can I live a healthy life? And is there something to guide me through the turbulences of our time? All in all, it's about being and staying a healthy human being. Knowledge about our 7 senses shows us a surprisingly simple way back to awareness, balance, and clarity in our daily lives.

Humans are more than their bodies – with this encouraging perspective, your own wonderful sensory system offers you access to conscious perception, intuition, and autonomy.

This book is a training guide for those wanting to rely on their 7 senses again and develop a crystal-clear inner compass. It opens the door to mastering the challenges of our time even more authentically and autonomously while staying physically and mentally healthy. Find out how your 7 senses wake you up, free you and make you feel alive!



INGRID THERESIA BLEIER

Ingrid Theresia Bleier lives in Munich and she is an author, naturopath, intuition expert, initiator for healthy living and being human as well as ambassador for ancient knowledges. Since 1993 she works successfully with her own office. She has a huge knowledge about energy work, intuitive training, inner child and transformation work as well as potential finding. So she is since 2003 training and seminar manager and she has founded a few years ago the COMPASS FOR BEIN HUMAN. She holds seminars at home in Germany and abroad, as well as online.

More informations under www.compassforbeinghuman.com

PERSONAL DEVELOPMENT



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Gisa Steeg

Ending narcissistic and toxic relationships

How to leave co-dependency and find back to life

Find out how to survive narcissistic and toxic relationships, heal from them and strengthen your self-confidence and personality in the process!

It is all like a fairy tale ... Like heaven on earth, perfect harmony. Every day the sun is shining, and you're showered with compliments. Does all of this sound too good to be true? Often enough, that's unfortunately the case. In the beginning, you believe that you hit the jackpot of love, but sooner or later, the tables turn, and the narcissist shows their true colors. The toxic spiral of pathological egocentrism, lack of empathy and emotional abuse right through to physical violence begins. You have to pull the plug in time so you won't be dragged under.

Gisa Steeg herself had to relationships with narcissists and knows exactly how you are feeling right now and what you can do to free yourself from this love that is destroying your life. In this practical guide she clearly explains how to recognize narcissists, which methods of manipulation they use and how to finally claim back your life.



GISA STEEG

Gisa Steeg is a qualified commercial specialist, business coach, systemic consultant, author, and entrepreneur experienced in dealing with clients and private individuals, drawing on more than 20 years' experience in the fields of marketing and distribution. She specializes in seminars and coaching for a healthy personality.



Frei von Schmerzen
 bei Bewegung und Belastung
 durch Biologisches Dekodieren
 Angela Frauenkron-Hoffmann

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HEALTH & HEALING

Angela Frauenkron-Hoffmann
Free from pain associated with movement or load
 using biological decoding

The solution for a pain-free, active life
 Thanks to biological decoding, you will find out and understand the psycho-emotional reasons for your joint pain, osteoporosis, back pain, fibromyalgia, gout, and sports accidents that put you out of action ...

Experiences therapist Angela Frauenkron-Hoffmann convincingly shows us that we have to address the root cause first and understand what our pain wants to tell us. After all, physical pain always tells us about an emotional, mental or moral injury we suffered. Using the successful method of biological decoding, you will learn to understand the deeper reasons that need to be addressed in order to free yourself from your pain.

Biological decoding will bring back movement to your life!



ANGELA FRAUENKRON-HOFFMANN

Angela Frauenkron-Hoffmann is a psychotherapist from Belgium. For the past 25 years, she has worked with children and adults in her own practice. Fascinated by the logic of nature and life, together with her patients, she goes in search of the 'bio-logical' explanation of their symptoms and - logically -

helps them heal themselves.

She holds seminars in the German- and Frenchspeaking areas for interested laymen, but also for therapists wanting to learn how to conduct Biological Decoding.



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SPIRITUALITY & ESOTERICISM

New Releases 2021

Andrej Korobeishchikov

Metanoia – The path of the visionaries

Overcoming the limits of your reality

There is a world beyond the world

The author reveals the dark sides of our reality and the mysterious beings that surround us.

Thanks to the knowledge that has been preserved by the Taiga's hunter shamans of the Taiga for centuries, Andrej Korobeishchikov reveals those stereotypes of society.

METANOIA is not only a visualization but also a training program enabling us to understand this enigmatic mystery.

METANOIA - THE PATH OF THE VISIONARIES

- Existence of a parallel civilization
- What's hidden behind everyday situations and affecting our powers
- What we risk losing if we don't begin to understand
- The search for the highest spirit and the lost home
- The entry into a new space-time structure



ANDREJ KOROBEJSHCHIKOV

Andrej Korobeishchikov is a specialist in bringing the hidden skills of humans to the surface. He dived deep into the tradition of Siberian hunting for 12 years learning the philosophy and the practical skills of the TAI-SHIN hunter warriors. Adapting his mystical experience to modern urban life and bringing it together with his professional knowledge as an information analyst, he explores the downsides of modern society.

SPIRITUALITY & ESOTERICISM



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Elisabeth Kübler-Ross **Every ending is a bright beginning** For all those seeking solace and comfort

There is hardly anyone who hasn't somehow had to deal with death at some point in their lives. We always feel sad and helpless in this situation.

Famous physician and thanatologist Elisabeth Kübler-Ross reveals to us how a bright new life begins after death.

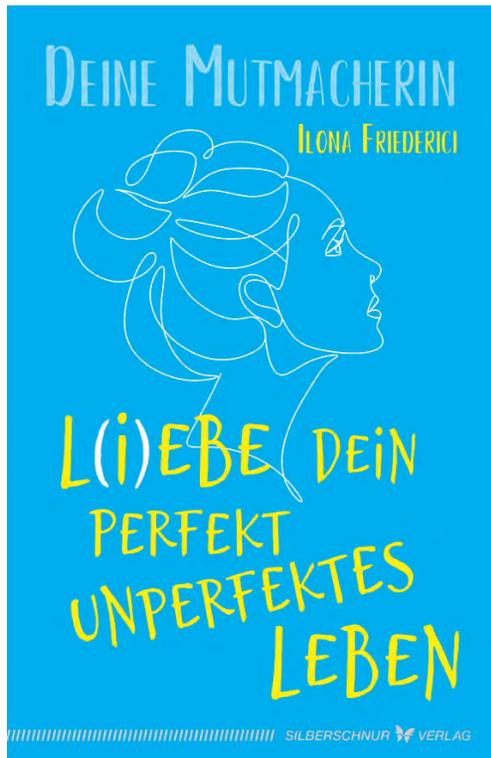
'Death is just the laying aside of the physical body, like a butterfly emerging from its cocoon.'

In a unique way, Elisabeth Kübler-Ross shows us that the ending actually is the beginning of something wonderful.



ELISABETH KÜBLER-ROSS

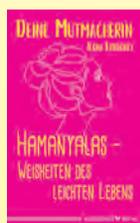
Elisabeth Kübler-Ross was born in Switzerland in 1926. After emigrating to the United States, she initially worked in several psychiatric clinics in New York, Denver and Chicago. Temporarily she also taught at several universities. During the last years of her life, she dedicated most of her work and commitment to dying children and Aids sufferers. With her research, Elisabeth Kübler-Ross, who died in August 2004, gave hope that - contrary to 'scientific' consensus - death opens up a new, brighter life we all can look forward to. Her books, printed by the millions, are known nearly all over the world.



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PERSONAL DEVELOPMENT

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Ilona Friederici

Love your perfectly imperfect life

Life isn't always perfect, but still beautiful!

There are days, experiences and encounters that first change your way of thinking and then your life. Touching, authentic (true) short stories from a different vantage point that positively and dramatically change our perspective on life and encourage us to be more confident and optimistic about the future.

Get motivated to live and love life no matter how imperfect it may seem.

After reading this book, you can.



ILONA FRIEDERICI

Already in her teens, author Ilona Friederici, also known as 'the encourager', was an enthusiastic story writer. She worked in the field of tax advice and later as managing director in an international group and lives in Itzehoe in northern Germany. After having completed a training as an alternative healer in psychotherapy and palliative care provider as well as a special training as a psycho-oncological therapist, she now helps people bring more ease and happiness into their lives. She encourages people to discover their own potential and live the way that is right and important for them. The passionate dancer takes care of people suffering from cancer or finding themselves in a crisis. She holds lectures and special workshops about topics from her books, mostly combined with music, her great passion, especially with guitar playing and singing.



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Ilona Friederici

The journey to more ease and contentment

Live isn't a battle. Life is an adventure that is to be experienced with ease joy. Do you want to have more ease and contentment in your life (again)?

A life like that is like a puzzle. It unfolds its full beauty only when each single part of it has been put in the right place. Life is just the same. Important puzzle pieces such as thoughts, gratitude, heart's desires, awareness, boundaries, self-love and much more are essential for this. But how can we put them to use in everyday life? In this book, you will learn this and much more to live a happy, content life.

Start out on a journey to more courage and learn how to see life with ease, greater optimism and confidence.

With ease and contentment, let your life become an adventurous journey. You are worth it.



ILONA FRIEDERICI

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ART OF LIVING

New Releases 2021

Bernadette Huber **Offering tears of joy**

... and suddenly, there is room for happiness again

In this ultra sunny book, you will realize how endlessly rich you are – rich with love.

And with this, just like little Rosalie Herzheil with her rich heart, you are ideally equipped to master every challenge you face.

Through cuddly pictures and uplifting texts, you will get to know the glittering pink enchanting world of this little sunshine lady who offers you the really precious things in life: hope and strength, comfort and courage, and the feeling that all is well.

And certainly, there will also be a few tears of joy while you are reading as your heart and your mind move closer and closer together...



BERNADETTE HUBER

Bernadette Huber lives close to Munich and in addition to her leading position at the family business, she has assumed to give people trust back and to show them the healing powers working from it.

To reach everyone, she started the Rosalie Herzheil® brand and the Megareich and Megaherzlich® brand (Mega rich and Mega heartfelt), so she connects the spiritual world with our modern times. She lets people know that they are angels themselves who can help others and so she makes spirituality to a loved best-friend-lifestyle.



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ART OF LIVING

New Releases 2021

Anja Reimuth **Ask the cards**

Answering the big and small questions of life

Do you want to know what the future holds, where your relationship is heading – or simply if tomorrow will be under a good star? Just read your own cards with the usual popular playing cards everybody has at home!

Based on different reading systems all the way to the big card picture, you will get to know the cards and their combinations and get clear assistance for all kinds of life situations such as love, money, or work.

Highlights of this book:

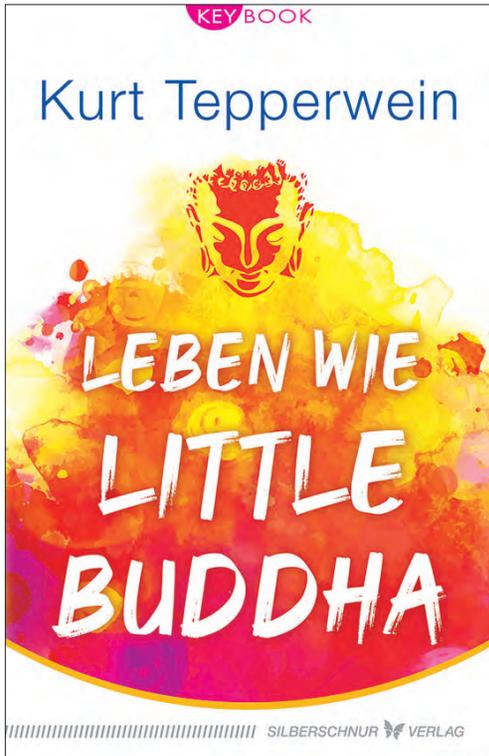
- Finding lost items
- Finding suitable precious stones and healing stones
- Identifying fears, disappointments, and injuries
- Identifying a person's character traits
- Reading power animals in the cards



ANJA REIMUTH

Anja Reimuth founded the academy of life enjoyment in the year 2003, for life counseling, coaching and psychological advice.

Thanks to various training courses, she increased her knowledges continuously and went new ways that in addition to her private advices, brought her to TV. She works for SwissTV, Vitalogos, Astra TV and Torner TV. She also hosts a radio broadcast on Radio RFM. She lives close to Kassel, Germany.



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PERSONAL DEVELOPMENT

New Releases 2021

Kurt Tepperwein
Living like Little Buddha

Expedition into our own consciousness.

See through life and venture on an expedition into your own consciousness to bring out your true identity and experience the extraordinary things in everyday life.

In order to effortlessly and gratefully learn the art of manifesting and self-healing and always make the right decisions, this book provides the necessary tools in the shape of hands-on training leading us to our true self – by consciously focusing our attention on what shall be.

It is an awakening into a limitless, universal consciousness that can do everything, is everything and knows everything.



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.

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HEALTH & HEALING

New Releases 2020

Dietmar Schenk

If you stay younger, you can get older

Synergaging –let your head get your body in shape

Do chronic stress and overloads continually take your vitality away? Do you feel exhausted, burned out, and prematurely aged? Cures and pills promise to help, but more often than not they fail because they cannot refill used-up vitality. However, this is exactly what it is all about: feeling more inner dynamism again and rebuilding our inner balance. Practicing real Better Aging. The Synergaging programme guides you to a true fountain of youth, to the source of vitality and thereby to robust health into old age so you can lead a healthy, vital, and self-determined life at all times.

It is worth it.



DIETMAR SCHENK

He has been working as a healer since 1996. After being trained in various energetic fields, he developed a new healing method in 2008. Meanwhile, he has enlarged his field of activity to quantum physics, which led to the development of the Synergemo® method.



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ART OF LIVING

New Releases 2020

Anjana Gill

Do you already speak Cosmic?

German-Cosmic – Cosmic-German

Cosmic is the new lifestyle!

A new way of life is conquering the world.

Cosmic living is the ultimate breakthrough for a completely new attitude towards life. Wishes are a thing of the past, now is the time for fulfilment.

Anjana Gill, bestselling author and successful expert for things between heaven and earth, explains and deciphers the ‘secret code’ to collaborate with the universe.

The signs the universe is sending us often seem mysterious, we cannot understand or interpret them.

But this is finally over. We are excited to discover: yes! The universe and us – we can speak the same ‘language’ and open the doors to an incredibly beautiful life.

Up until now, they said that life is hard.

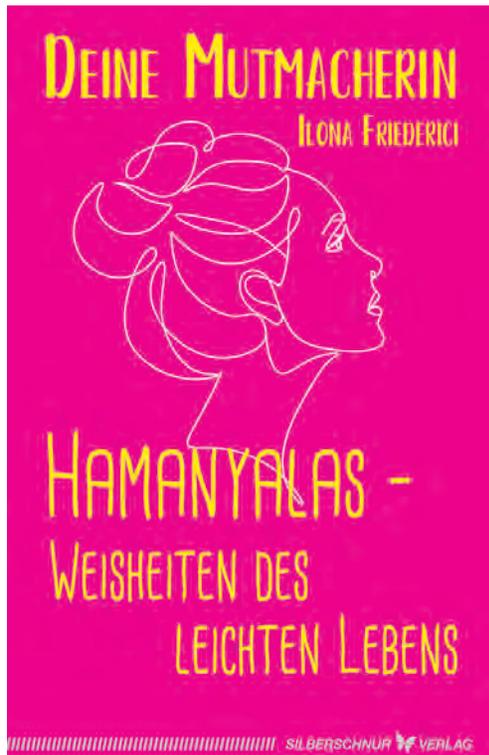
In Cosmic, it says, ‘I am a lucky person.’

Cosmic living – this is the secret! Follow the signs ...



ANJANA GILL

Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe. Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.



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PERSONAL DEVELOPMENT

New Releases 2020

Ilona Friederici **Hamanyalas – Wisdoms to living an easy life**

What is really important?

From one minute to the next, everything changes. Your whole life collapses like a house of cards, nothing is the same anymore. You feel like someone has pulled the rug out from under your feet and there seems to be no way out ...

... but suddenly, you discover the Hamanyalas - valuable guides to yourself. With their help, you will find the courage to get to know yourself, you won't have to just perform in your daily life anymore, and you will realize what you really want. All of a sudden, life is so much easier and better ...



ILONA FRIEDERICI

Already in her teens, author Ilona Friederici, also known as 'the encourager', was an enthusiastic story writer. She worked in the field of tax advice and later as managing director in an international group and lives in Itzehoe in northern Germany.

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HEALTH & HEALING

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Klaus G. Lieg

Relaxed to the point using the acupressure mat

Pure relaxation

Job pressure, traffic noise, lack of time, or emotional strain are constant sources of stress. This makes it even more important to step out of this infectious cycle and create a counterweight.

For more than 30 years, Klaus G. Lieg has investigated mental stress and a wide array of relaxation techniques.

Using an innovative combination of traditional relaxation techniques and the acupressure mat, he shows you how to finally find peace and relaxation, alleviate psychological complaints, dissolve mental or physical blockades and gain new strength.

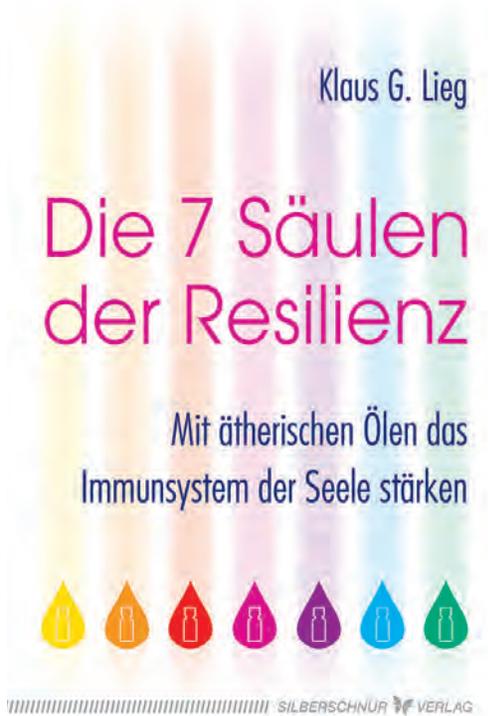
- Find peace and relaxation
- Alleviate psychological complaints
- Dissolve mental or physical blockades
- Gain new strength



KLAUS G. LIEG

For more than 30 years, author Klaus G. Lieg has investigated mental stress and a wide array of relaxation techniques like mindfulness, PEP, and yoga. He gives courses and workshops, qualifies course instructors and therapists, holds seminars at universities and works in the field of operational health management (BGM) on the topic of mental stress at the workplace.

HEALTH & HEALING



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Klaus G. Lieg **The 7 pillars of resilience**

Strengthening the spiritual immune system
with essential oils

Strengthen your spiritual immune system

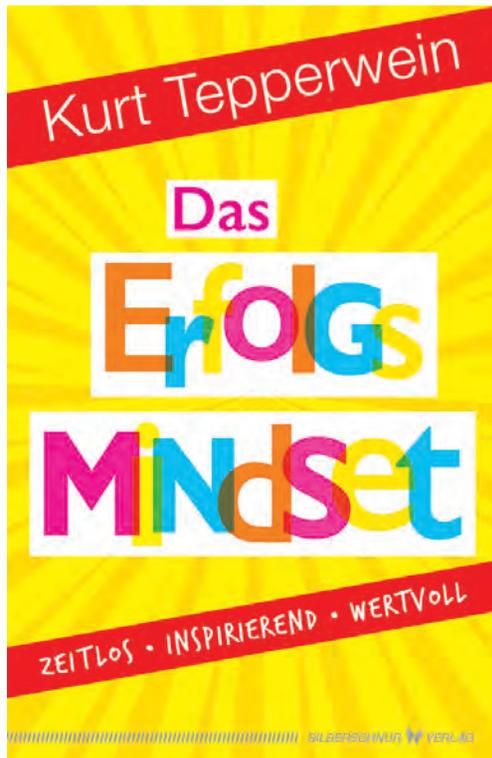
Everybody is talking about resilience and books, courses and seminars strengthening our mental resistance are booming. But there is an easier, timesaving and more gentle way using the strength of essential oils.

In his new book, experienced systemic psychologist and emotional regulation therapist Klaus G. Lieg presents the 7 pillars of resilience in connection with aromatherapy – a method empowering you to develop greater resilience and inner strength. Using an innovative combination of proven psychological exercises and essential oils, you will successfully cope with crises, respond flexibly to changing demands and confidently master stressful, frustrating or difficult situations.



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Kurt Tepperwein
The mindset for success
Timeless • Inspiring • Valuable

What kind of life do you want to live?!

Say good-bye to frustration, fear, and doubts - and hello to self-confidence, success, and harmony.

Is it really that easy? Yes, thanks to the revolutionary mindset method, you can finally say good-bye to your worries and look forward to living a life full of joy and abundance.

Mind-coach Kurt Tepperwein collected helpful thoughts revealing who you really are, what you can expect from life and what your personal task in life is.

This is timeless, valuable knowledge that literally reprograms you to live the life you always dreamed of.

Make use of your creative thoughts!



KURT TEPPERWEIN

Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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NEW & UP TO DATE

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Erdogan Ercivan

The Corona plot

A controlled reorganisation of the world
with synthetical viruses?

Coronavirus – ‘made in China’ or ‘made in USA’?

Who really sent this epidemic plague into the world?

Science journalist Erdogan Ercivan meticulously and grippingly reveals the secret behind the COVID-19 pandemic. Is it a large-scale plot only to impose international economic and political interests without paralysing legal disputes?

Is the viral infestation the starting point for a conversion of society into new, controlled ‘numbers people’?

If you want to know why ...

... newborns will in future be implanted with chips,

... wealthy individuals will in future be systematically expropriated,

... cash will in future be actually abolished,

... compulsory vaccination will in future become law,

... citizens will in future get a public points system,

... then you should read this book!



ERDOGAN ERCIVAN

Since 1978, Erdogan Ercivan has investigated in the fields of paleo-astronautics and archaeology. From 1981 until 1986, he worked at the DEH Detachment of the US Army in Berlin and was a member of the Egypt forum at the Humboldt University. In 1998, he organised the ‘First world congress of forbidden archaeology’ and is one of the pioneers of the introduction of a ‘nursing care insurance in health care’ (PKV). From 1987 until 2007, he worked in the banking and financial services sector. From 1995 onwards, he wrote several best-sellers as a science journalist which were translated into several languages.

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BODY, MIND & SPIRIT

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Dorothea Stockmar

Encounters between worlds

The bond that connects us beyond death

Finish the path of grief and live in communion. When her son was suddenly snatched from life and she was thrown into the world of grief more than ten years ago, a new era started for Dorothea Stockmar. Expressively, with great depth and poetic empathy, Dorothea Stockmar describes her longing for her lost child and her changing attitude to grief in the last ten years. Many people experience contacts after death, each one in their unique way, although these encounters partly are of a similar nature. While contacts like this can give us consolation, they can also expand our consciousness and our hearts. Dorothea Stockmar wants to show mourners that there is a bond connecting us to our loved ones beyond death.



DOROTHEA STOCKMAR

Brigitte Nolting is an author, mind-coach, lawyer, and expert for medicinal herbs and essential oils. She lives in Frankfurt am Main and spends the winter in Goa, India. Ever since her training in a pharmacy nearly 50 years ago she has had a focus on healing plants and essential oils that support our mental and physical health. In personal consultations and lectures as well as books and card sets, she competently and enthusiastically passes on her knowledge.



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PERSONAL DEVELOPMENT

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Gisa Steeg
**Cheated on, lied to, fooled,
and got dumped**

Your encouraging guide to a fresh start

How to make wounds become wonders

In the midst of a crisis or after a separation, many of us wonder, ‘What now? How can I go on? How can I survive?’

Let Gisa Steeg guide you through the phases of separation and heartache. Heal your hurt and your heart, get out of the victim role, get back on your feet, boost your self-esteem and rediscover your joy of life and your light-heartedness.

The author is a stand-up coach because she herself once was at rock bottom: after 30 years of marriage, her husband dumped her overnight. In this book, Gisa Steeg reveals her success strategy that helped her overcome the biggest crisis and hurt in her life. She developed a compact navigator to overcome every crisis and become strong, cheerful, optimistic, and self-confident.

This book will help you rediscover yourself and remember what you want in life.



GISA STEEG

Gisa Steeg is a qualified commercial specialist, business coach, systemic consultant, author, and entrepreneur experienced in dealing with clients and private individuals, drawing on more than 20 years’ experience in the fields of marketing and distribution. She specializes in seminars and coaching for a healthy personality.



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HEALTH & HEALING

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Heiko Christmann **Count your blood**

Interpret your blood levels correctly
using dark-field microscopy.
Sensitive diagnosis, effective treatment

Our blood is our vital sap, but it also contains a wealth of information.

You can read it like an open book. It provides insight into dysfunctions, stress on organs, mineral deficiency, infections, existing health issues and much more.

Using dark-field microscopy in his diagnoses, experienced healer Heiko Christmann develops individual therapies to improve blood parameters, the most important of which he presents in this book. Interesting case reports from his practice give an insight into this impressive healing method.

This is a book for all those who want to take responsibility for their health into their own hands.

Learn how to read your blood levels and pimp your blood!



HEIKO CHRISTMANN

Heiko Christmann, born in 1967, is a remedial therapist, non-medical practitioner, and biological physician. For nearly 20 years, he has run a medical practice in Rhineland-Palatinate, Germany, addressing a variety of areas including 'blood', 'colon therapy', and 'cell-available water'.

A 'job with human contact' is his vocation. The wide range of treatments he offers has evolved as a result of his interest in holistic concepts of healing and healing processes and his deepest wish to support and guide patients on their individual path to 'becoming healthy' and 'staying healthy'.



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BODY, MIND & SPIRIT

New Releases 2020

Elisa S. Suter

The secret language of animals

A new revolutionary method to decode, understand and learn how animals speak

A spectacular practical handbook for all animal lovers! Swiss animal expert Elisa S. Suter attentively listens to animals and shows in this book how human-animal-communication can be a resourceful reality. She shows what the “think-feel method” is all about and what to look for when “talking” with an animal of any species.

In this book you will find an exciting technique that completely goes beyond the scope of “normal” generally accepted reality. Learn how to understand animals with the revolutionary “think-feel method”.



ELISA S. SUTER

After having worked as a primary school teacher, Elisa S. Suter, born and living in Switzerland, has been devoted to the animal world. In 2016, she founded her own consulting firm and immediately became an ‘insider tip’ thanks to her

exceptional coaching success and a completely new method.

Today, the author regularly provides advice to all kinds of pet holders. She focuses primarily on diverse animal languages, the human-animal language, and the topic of leadership. She is also regularly involved in seminars, lectures, group consultations, and individual coaching in the field of ‘human potential’ with a focus on ‘mind over matter’.



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SPIRITUALITY & ESOTERICISM

Sara Léux
Living the new femininity
 Strong, wild, and luminous

The new face of femininity
 “Living the new femininity” is a book for modern women. A book for courageous women and those aspiring to be courageous. An experience for body, soul, and spirit for your femininity to emerge and glow even more.
 ‘This book provides you with all the tools to connect with the pure high vibrations of the feminine aspects and take them into your life. It is an adventurous book for you to awaken your primordial femininity and self-healing powers.’
 Be free and live your new femininity.



SARA LÉUX

Sara Léux lives and works as an independent artist in Hamburg, studied philosophy and completed a drama school education and several spiritual trainings including spiritual healing shamanic practices. She offers healing and energy work and holds seminars about strengthening feminine energy and connecting energy, healing and body work with creativity.



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ART OF LIVING

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Anjana Gill

You and the universe – something is going on there!

Your personal wish-fulfilment book

Your universal notebook

A creative notebook to fulfil your wishes

Write it down! Could it be that the secret of wish-fulfilment consists in writing things down? YES! Things written down happen better and faster.

In this magical wish-fulfilment and manifestation book, Anjana Gill shows you examples from her own private wish-fulfilment book. She provides useful advice on how to successfully phrase your wishes and create a matching collage and shows you a number of wish-fulfilment accelerators.

Write your deepest wishes in this book – the results will delight you. Nearly everything is possible – but that is just between us. ☺



ANJANA GILL

Anjana Gill has written numerous books and is an expert for matters between heaven and earth. In the last decades, with lots of passion and joy, she has focused on showing that there is an exciting connection between humans and the universe. Her motto: everything is possible if you cooperate with the universe. Because there is a connection between heaven and earth – a connection that unites earthly life and cosmic possibilities. Exciting, fascinating, successful.

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Frei von Allergien und Unverträglichkeiten durch Biologisches Dekodieren

Angela Frauenkron-Hoffmann

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Angela Frauenkron-Hoffmann Free from allergies and intolerances Using biological decoding

Finally allergy-free!

Biological decoding allows you to systematically decode ... understand ... feel ... and resolve the subconscious patterns intolerances are based upon.

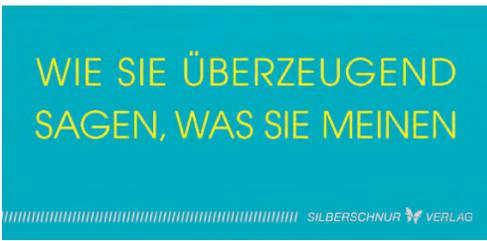
You have an allergy and want to get rid of it? Nothing could be easier! - Yes, that is right: getting rid of an allergy is really easy. In her book, experienced therapist Angela Frauenkron-Hoffmann presents a method she has successfully used for years - biological decoding - and goes into detail about symptoms like house-dust allergy, gluten intolerance, sunlight allergy or animal hair allergy. With the insights provided by this book you can free yourself from your allergy all on your own. Considering that side effects and risks are close to zero, this new form of therapy is a real chance for you to live without allergies.



ANGELA FAUENKRON-HOFFMANN

Angela Frauenkron-Hoffmann is a psychotherapist from Belgium. For the past 25 years, she has worked with children and adults in her own practice. Fascinated by the logic of nature and life, together with her patients, she goes in search of the 'bio-logical' explanation of their symptoms and - logically - helps them heal themselves. She holds seminars in the German- and French-speaking areas for interested laymen, but also for therapists wanting to learn how to conduct Biological Decoding.

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PERSONAL DEVELOPMENT

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Peter Berliner

Clear communication

How to get your point across effectively

CLEAR CONVINCING COMMUNICATION

Did you ever lose out although you had the best arguments on your side? Did you ever miss out on important opportunities only because people misjudged you? Do you sometimes find yourself at a loss for persuasive words? – Then this communication guide is your new best friend!

Both at work and at home, effectively speaking in front of and with other people is more crucial now than ever. Being able to convincingly present your ideas and projects is the key to success. In this compact, enjoyable guide, communication and personal development expert Peter Berliner teaches you how to master the art of clear communication and convince others of your ideas!



PETER BERLINER

Peter Berliner is a communication and personal development expert. The graduate musician, actor, keynote speaker, author, and facilitator humorously shows his audience how to arouse interest, set boundaries, exude serenity and mitigate conflicts using an expressive voice and a compelling appearance.

Peter Berliner successfully accompanies people whose core competencies include holistic communication. With a wink, he highlights the vicissitudes of ‘vocal togetherness’, thereby revealing the most important means of communication and enhancing people’s natural appearance.



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Kurt Tepperwein
Forget-yourself-not!
23 virtues for a conscious life

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23 virtues for a conscious life.
We always long for changes. We try out lots of things, but we always find ourselves back to square one.
Successful author Kurt Tepperwein invites us to take a closer look and rediscover life with 23 long forgotten virtues that are now more relevant than ever.
This book joins you on your way to a more conscious life. It wakes you up, catches you, harmonizes and accompanies you.
It is up to us to bring these virtues back to life ...



KURT TEPPERWEIN
Kurt Tepperwein has been a successful manager and consultant for many years. Today he works as a healer and consciousness researcher with the goal to find the source of disease and distress. He has published hundreds of videos, DVDs and Audio-CDs and more than 80 books, many of which have been translated in several languages.



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PERSONAL DEVELOPMENT

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Manfred Mohr

What type of orderer are you?

This is how your wishes will come true!

Cosmic ordering – individual and customized just for you!

You already worked through numerous guides to “cosmic ordering”, followed all the tips and advice, but still could not manifest more than a parking space at the extreme edge of town? Dream home, dream job, dream partner – your friends all have it, but nothing is delivered to you?

Manfred Mohr has dealt with desperate readers’ questions like this for many years and found out that the actual fulfilment of a wish is not only due to the right method but also has a great deal to do with the wishing person’s character and personality.

In this book, he describes the 21 different types of orderers – and how they can best find their dream home, dream job and dream partner.

A new milestone in the history of cosmic ordering.



MANFRED MOHR

Dr. Manfred Mohr has a doctorate in Chemistry. Having worked for many years as a business consultant, he is now a successful author and a host of seminars focusing on personal development. With ‘The Miracle of Self-Love’, he became known to the general public in 2011. By now, more than 300,000 of his books have been sold. Manfred Mohr was married to the late author Bärbel Mohr who died in 2010 and lives near Munich together with their twins. He passes on her spiritual legacy.



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39 Cards with flyer

ORACLES, TAROT & CARDS

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Brigitte Nolting
Wellness and aromatic oils
for everyday use

39 cards for using essential oils

The 39 most popular aromatic oils for wellness, health, and aroma cuisine! Essential oils have been in use for thousands of years. They provide relaxation, promote health and caress the soul. Whether you have tensions, skin problems, or stress – the aromatic essences can relieve you from many ailments. This set of cards offers you a basic, simple introduction to the world of essential oils. Practical examples of oils for body and soul, as a room fragrance or for aroma cuisine will make you want to test this effective “fragrance medicine” for yourself. With affirmations putting the themes of the oils into words, you can tune in to each oil. Thanks to essential oils, you can also enhance your well-being and your mental balance.



BRIGITTE NOLTING

Brigitte Nolting is an author, mind-coach, lawyer, and expert for medicinal herbs and essential oils. She lives in Frankfurt am Main and spends the winter in Goa, India.

Ever since her training in a pharmacy nearly 50 years ago she has had a focus on healing plants and essential oils that support our mental and physical health. In personal consultations and lectures as well as books and card sets, she competently and enthusiastically passes on her knowledge.

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